

StSomeTimes ThanksGiving

Covid November
2021

V248



Not Giving a ...



No really. All of us!

All of us on this island are ready to crack! Get me out of here. None of us really give a rat's ass about anything anymore. I know I'm supposed to be this caring, loving individual. I usually am. Yet, more than ever, I am ready to flee. It's probably the covidcation still eating at me. Maybe it is just that time of year when all teachers have been working for so long without a break that we are breaking down.

All I can do is wait for the 16th of December. Last day of school. Better yet, how about the 17th, when I finally fly out to Maldives and meet Jeff! God knows I need a vacay!

Did I mention that David made an excellent, HUGE, thanksgiving that can't be beat. I spent the entire night talking with him over a few bevs. Wow. Memorable.



Dave and Rachel invited all the usuals to this final Dave Thanksgiving feast (at least on the island). Mike and Ellie, Elana and Pierre, Hank and Olive, Christina, me. We all showed up twice. Then, Dale and Dana showed up. Dale is now on board for Missouri. This will be fun. Love the guy!

WELCOME Dale



We all sat around the day AFTER Thanksgiving to eat more of Dave's food. He just makes so much and it's so good. (Left to Right) Olive, Dana, Dale, Hank, David, me taking the picture.)

There is nothing quite like sitting around listening to a bunch of backwoods hillbillies talk about life. Dale doesn't miss a beat. It's going to be excellent visiting Missouri when I return to the states to visit Dave and Roseanna. Why? Besides the fact I love their family? Now Dale is set to move there and be a part of the future.

I'll tell the tale some day. I'm part of something special. Let's just call it "the Future".

As of now, I know nothing. Don't ask. It's just "the future" and it's getting closer and closer.

Meanwhile, after crashing in the extra bedroom at 5am and waking in my school clothes at 10:30, the rest of the Thanksgiving party showed up by noon for part two. Feast setting number two. I took a full 72 hours away from my fasting and celebrated food.

Fasting for Days - A New Thing

Hey greg. You should join this facebook group for losing weight over the next eight weeks." My work-wife talked me into hell. The E2M group is an exclusive group on Facebook that pays \$350 to lose weight, eat healthy, exercise, and talk about it on Facebook. I joined almost a week late. Luckily, I got my "before" picture in on time and weighed in. Katherine didn't mention I could possibly win \$10,000 at the end of this. I need to get healthy anyway. I'd love to take away money rather than suffer the loss of my \$350 stupidity for joining this. All in all, I've already been exercising and I need to lose weight anyway. Maybe I can earn 10K in the process. Damn! The end is just before Christmas. Therefore, it's a great time to experiment with metabolic eating, intermittent fasting, and a focus on exercise for PauSheng! That's the martial arts I am learning from David. I'm committed to the PauSheng life now. Can I just win 10k to pay the Maldives diving this year? YES. I can. I will.





The Green Chair now holds meaning and provides readiness.



"Always in Green Chair, yet never in Green Chair." "Ass on a stick!"

